

# "AUTHENTIC LEADERSHIP" WORKSHOP

Universities' Council for the Education of Teachers Northern Ireland (UCET NI) Proposed Workshop, Spring 2024 Submitted by Julie M. Jungalwala, Ed.M., on December 13th, 2023

# BACKGROUND AND OVERVIEW:

Further to a recent conversation with Professor Martin Hagan, Head of Education, St. Mary's University College, Belfast, this document summarizes and proposes a workshop on the topic of Authentic Leadership for further discussion.

The most opportune time to hold the workshop would be a Saturday morning in the Spring of 2024 (post-Easter). It is anticipated that 100-200 Masters students will attend. The workshop can be held online or in person. In-person would lend itself to more community building and deeper learning for the participants.

### **DESIRED OUTCOMES:**

Desired outcomes for the workshop are as follows:

- Participants learn the frameworks, tools, and strategies to step into their most authentic self as activist practitioners in education.
- Participants are inspired to be more authentic in their role whether that be a formal or informal leadership role, i.e. 'authentic leadership at all levels".
- Participants leave with practical next steps to be more authentic in their role and to lead the change in education that is their heart to lead.

## SESSION DESCRIPTION

There is a growing body of research that shows being more authentic fosters personal well-being and results in greater happiness, stronger relationships and higher self-esteem. From an organizational perspective, being more authentic engenders greater levels of trust that lead to increased team and organizational performance.

This experiential session unpacks the myths and realities of authenticity and provides research-based tools, activities and strategies to become more authentic in your role. We will explore the paradox of authenticity in the workplace, how to lead from your most authentic self, and identify practical ways in which you can be more authentic in your role today.

Participants can expect in-depth self-reflection and practical activities and tools to gain clarity and confidence as their most authentic selves - all within the educational context.

<u>Session Agenda</u> (will be tailored as needed)



- The Authenticity Paradox
- Getting to Know Yourself and Your Purpose
- The Authenticity Formula
- The Wisdom of Your Future Self
- From 'Tolerations' to 'Authenticity' a Practical Path to Leading Change

# JOINT ACCOUNTABILITIES

Julie will be responsible for the design, customization, and facilitation of the session. UCET NI will be responsible for all onsite logistics related to the session.

### **FEES**

The fee for this session is \$5K plus travel expenses. This includes session design, customization, and facilitation, up to three pre-workshop planning meetings, and a post-workshop debrief. 50% will become due once the date is confirmed to set aside the desired date, with the remaining 50% due the day of the workshop. Travel expenses will be billed separately and will include return airfare, hotel, airport transfers.

#### RESOURCES

This session will be designed and facilitated by Julie M. Jungalwala, Ed.M.

**Julie M. Jungalwala Ed.M.** is the founder of the Institute for the Future of Learning, co-founder of the Academic Leadership Group, and an instructor at Harvard's Division of Continuing Education where she teaches authentic leadership and people-focused organizations.

She is a coach and advisor to educational institutions, foundations and school leaders whose mission is to shape the future of education. She has over twenty years' experience building effective learning environments that unlock human potential and enable organizational culture to adapt and grow during times of change.

Julie is a regular keynote presenter and workshop leader, both nationally and internationally, and serves on several boards, including National University's Doctoral Advisory Board, and the Center for Transformative Teaching and Learning Advisory Board.

Julie graduated from Harvard's Graduate School of Education with a master's degree in Technology, Innovation, and Education, and from Queens University in Belfast, Northern Ireland with a bachelor's of arts in Business Administration and French.

Her book, The Human Side of Changing Education, was published by Corwin Press in 2018. She is the recipient of the Donna Elder Inspired Leader Award (DEILA) and the Harvard Hero award for outstanding contributions to the university.